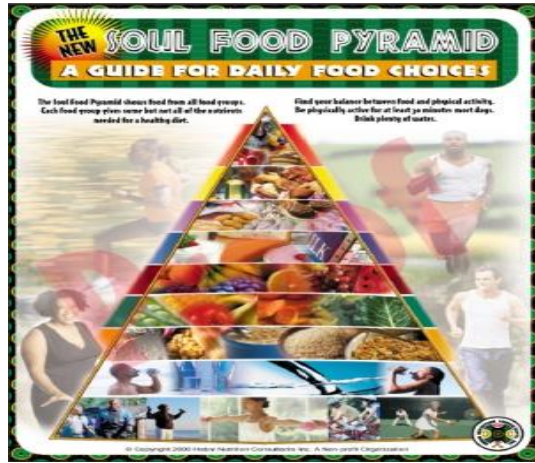


# This is a Free Event-

## Gullah/Geechee Soul Foods & Seminar

Adult, children and family sessions.

Join us 2010!!



**SOUL FOOD EVENT: \$Admission is FREE!**  
**A Gullah/Geechee introduction to Health and Wellness" Foods for Health and Soul.**  
**Community Connection -All Welcomed!**



**Joseph Fields**



**Joseph Fields Farm**

**"Seminar and Food Tasting- Taste and See!"**

**A Gullah/Geechee Soul Food Seminar: Health & Wellness**

Pre- register and receive a FREE goodie bag with a gift from our sponsors.

Samples @: Mini Buffet  
Seminar Designed to Facilitate Healthful Gullah/Geechee Soul Foods.



For more information on 2010 Dates & Locations contact us at 843-572-6788

